

Eleanor Roosevelt Women's History Month

OVERVIEW:

- The purpose of this lesson is to highlight the emotional resilience and acquired self-confidence of one of America's most accomplished and beloved First Ladies.
- Although she started off as an awkward "ugly duckling," and faced a great deal of criticism and ridicule during her life, Eleanor Roosevelt developed the capacity to persist and overcome many challenges. She also made many profound and inspiring statements—born of adversity and hard-won wisdom—which are the focus of the accompanying lesson assignment.

BEFORE CLASS:

You might want to pull up the excellent, short videos that are freely available at: <https://www.history.com/topics/first-ladies/eleanor-roosevelt>

Prepare copies of the quotation handout.

LESSON:

Activate prior knowledge: Ask students how many have heard of Eleanor Roosevelt and what they already know about her.

Lecture: Show the PowerPoint slide deck to the class

Videos: Show videos from history.com.

Assignment: Distribute the handout of quotations to the class as the basis for a thoughtful writing exercise.

